

Personal Protection Workshops

(because self-defense is more than using your fists)

For You ≈ Your Family
Your Group ≈ Agency
Business ≈ Civic Group
Church Group ≈ Sorority

Your Workshop May Include

Basic and Simple
Personal Protection Skills

School, Home and Work Place Safety

Car, Traveling and Shopping Safety

Stranger Danger for Children

Preventing Identify Theft

Disaster Preparedness

*Customize Your Workshop with
Other Topics and Special Concerns*

*No Experience or
Fitness Level Required*

The **Mississippi
Center for
Martial
Arts, LLC**

Continuing a tradition begun in 1984

Don't wait until it's too late!

Call: 662-816-4115

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